

# 18th European Women Pharmacists Meeting

Working around the clock  
Work-Life-Balance of Women Pharmacists



## Saturday 05 October 2024

PORTO PALACE HOTEL - Thessaloniki



@womenpharmacistseurope



european\_women\_pharmacists\_

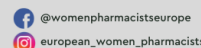


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## GENERAL INFO

The conference offers a variety of presentations and a workshop on topics related to mental health and work-life-balance of women pharmacists.

During the social programme throughout the weekend colleagues can exchange ideas on various topics.

We are looking forward to meeting you in Thessaloniki!

### Meeting Venue

Porto Palace Hotel & Conference Center

65, 26th Octovriou Avenue, 54628 Thessaloniki, Greece

[Official website](#)

### Accommodation Rates

- Single Room rate on BB basis: 120 €

The above rates include breakfast in American style at Zaytinya Restaurant.

-Extra person in room upon check in, above 12 years, increases the above stated rates by 25,00€.

-Check in takes place after 15:00p.m.

-Check out takes place until 11:00a.m.

-Porto Palace Hotel operates within a modern architectural monument and it is exempt from climate sustainability tax.

**Accommodation during the conference dates (Friday 04.10, Saturday 05.10) must be booked through the registration form!**

Please note that **extra days** (outside the pre-reserved for October 4-6, 2024) can be booked subject to availability **directly with the hotel**.

Please coordinate with a member of the organising committee in order to benefit from a special offer.

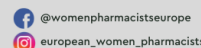


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## Social Programme

### Friday 4<sup>th</sup> October 2024

Dinner at restaurant PALATI with live Greek Music (<https://www.palati.gr/root.en.aspx>)

### Saturday 5<sup>th</sup> October 2024

Dinner at restaurant DIA TAUTA (<https://www.diatautathessaloniki.com/en/>)

### Sunday 6<sup>th</sup> October 2024

Guided walk of the old town

**If you wish to attend the social programme book your place in advance through the registration form!**

## Prices and Registration

Conference Saturday 5 <sup>th</sup> October	fee (including VAT)
Registration	€ 100
Student Registration*	€ 30

\*Please note students that will have to enter a student card to confirm their status with the registration.

Social Programme		Price (including VAT)
Friday	dinner	40 € (drinks are not included)
Saturday	dinner	40 € (drinks are not included)
Sunday	Guided walk of the old town	20 €

**REGISTER HERE**

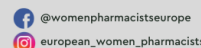


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## CONFERENCE PROGRAMME

- 8.30** Registration
- 9.00** Welcome
- 9.10** Opening address Speaker from PEFNI
- 9.30** Presentation of the FIPWiSE toolkit and how it can be implemented in the working environment of women pharmacists: Speaker from FIP. The Netherlands (not yet confirmed)
- 10.15** **Coffee/tea break**
- 10.45** Everyday life of a hospital pharmacist – dealing with medicines information inquiries during spare time and short staffing levels / **Sonja Guntschnig** (Austria), **Jana Lass** (Estonia)
- 11:30** How to deal with patriarchal structures in pharmaceutical companies as a woman pharmacist / **Stella Demou** (Greece)
- 12.15** **Lunch**
- 13.45** Embrace your shadow through your journey because it is the proof of your existence and visibility / **Tülin Lester** (United Kingdom)
- 14.30** Recovery from work: effect and structuring of breaks, tuning out at the end of the working day, recovery in relation to gender differences / **Tina Karabinski** (Germany)
- 15.15** **Coffee/tea break**
- 15.30** Workshop on Recovery from Work: **Tina Karabinski**, Technical University of Dresden (Germany)
- 16.40** Announcement of the next EWPM 2025 / **Lara Walch, Sonja Guntschnig** (Austria)
- 16.50** Closing Remarks
- 17.00** End of Meeting